

# HOWE TALK

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*"Spring flew swiftly by, and summer came; and if the village had been beautiful at first, it was now in the full glow and luxuriance of its richness. The great trees, which had looked shrunken and bare in the earlier months, had now burst into strong life and health; and stretching forth their green arms over the thirsty ground, converted open and naked spots into choice nooks, where was a deep and pleasant shade from which to look upon the wide prospect, steeped in sunshine, which lay stretched out beyond. The earth had donned her mantle of brightest green; and shed her richest perfumes abroad. It was the prime and vigour of the year; all things were glad and flourishing." from Oliver Twist, by Charles Dickens*

## Important Dates

June 3	Parent Advisory Council 6:30 pm
June 4	Choir/ Fiddling Concert – ÉSOMS Gym
June 11	Band Concert – NKMB Church
June 16-18	Grade 8 Camp - Rouseau River
June 25	Grade 8 Farewell 6:00 pm–Sunova Centre
June 26	Administration Day – No Classes
June 27	Last Day of Classes

As summer arrives, the end of the school year is a time to celebrate the prime, the vigour, the flourishing and the gladness that describes the growth and learning we have experienced and witnessed this year. We are very fortunate to be a part of a school community who works together to support the academic, social, and emotional learning of a fantastic group of young people.

We would like to extend a warm good-bye to the families who will be leaving us this year, and we look forward to seeing returning families for our Orientation Days on September 2<sup>nd</sup> and 3<sup>rd</sup>.

We would also like to extend a fond thank you to the following staff members for their contributions to ÉSOMS and wish them all the very best as they endeavour towards new horizons:

Principal – Howard Kowalchuk

Teachers – Sereen Conner, Bryan Clendenan, Carly Korsunsky, Brad Russell, and Allison Waskul

## Report Cards

Report cards will be distributed on the last day of school, Friday, June 27<sup>th</sup>. At that time, students will receive their appointment times for meeting their new teacher during Orientation Days on September 2<sup>nd</sup> & 3<sup>rd</sup>.

## Early Dismissal

Dismissal will be at 11:15 am on the last day, Friday, June 27<sup>th</sup>.

# Sustainability in Action Fair 2014



The evening of our 2<sup>nd</sup> annual Sustainability in Action Fair, held on Tuesday, May 27<sup>th</sup> was a tremendous success! In keeping with a growing tradition of holding celebratory, classroom feasts, we endeavoured to hold our very first community feast. We were overwhelmed with the abundant contributions of appetizers, side dishes, main courses, and desserts and all of the food spanned halfway around the gymnasium.

We were grateful to have artist Jackie Traverse join us for the feast and talk about the murals she designed and created with students from SO Sustainable. The mural project was the idea of this group of young people who fundraised \$3000.00 through the Wednesday Pizza Day initiative to fund a project that would be their legacy. The murals will be mounted near the circle of gardens in the month of June.

Another important aspect of the evening was the sharing of learning about sustainable development. Families had the opportunity to view, listen, create, question, enjoy and participate as they toured the many diverse and dynamic activities and presentations prepared by each classroom.

We would like to extend a tremendous thank you to all of the families who joined us, who contributed food to our community feast and who came to share in our learning.

We are very much looking forward to next year!



# In the gym....

## Physical Education Classes

Throughout the month of May, students participated in a number of physical education units: Softball, Soccer–Baseball, Field Lacrosse. Students also completed a yoga class, a skipping unit and a number of timed fitness runs.

## Special Olympics

On April 11<sup>th</sup>, the special O athletes participated in a Floor Hockey Skills Competition at Winakwa C.C. They also ran *In the School* Track and Field meet, held on Wednesday, May 28<sup>th</sup>. It was a great day full of friendly competition and team building! We are now preparing for our last Special Olympic event. On Wednesday, June 18<sup>th</sup>, the Special Olympic athletes will be participating at an all-day *In the School* Soccer event being held at the Winnipeg Soccer Complex, 900 Waverly St. A special thank you to all of those who have supported our Special Olympic athletes throughout this past year!



## Extracurricular

Outdoor Track and Field: The outdoor track and field season came to another successful end. Students in grades 6, 7 and 8 participated at the Divisional Track and Field meet held on Wednesday, May 21<sup>st</sup> at West Kildonan Collegiate. Best of luck to the student athletes who qualified to participate at the Junior High Provincial Track and Field Meet being held on Wednesday, June 4<sup>th</sup> at the University of Manitoba. A special thanks to Coach Sherri Courchene and Coach Conner for their support and commitment.

Marathon Club: Students in grades 6, 7 and 8 continue training for various long distance running races offered at the Manitoba Marathon. This big event takes place on Sunday, June 15<sup>th</sup>. Coach Hall has arranged practices for Monday and Wednesday afternoons, starting at 3:10pm. A special thanks to Coach Hall and Coach McDonald for coaching this season!

Slo–Pitch: The Slo–Pitch season continues. Students are preparing for their upcoming tournament. The tournaments will take place at the Little Mountain Sportsplex, located at 64–128 Klimpke Road in Rosser, Manitoba. Bus transportation will be provided. The tournament dates are as follows: Grade 6s – June 9<sup>th</sup> (raindate June 16), Grade 7s – June 13<sup>th</sup> (raindate June 18) and Grade 8s – June 12<sup>th</sup> (raindate June 16). Thank you to Coach Nault, Coach Ruppenthal, Coach Russell and Coach Cieszecki for coaching this season.

Extracurricular Volunteers: On behalf of everyone involved in the extracurricular activities throughout this past school year, we would like to thank the following volunteer coaches for their support, time and commitment: Mr. Dan Hall, Mr. Serzu, Mr. Gamby, Mme Friesen, Mr. Janes, Ms. Korsunsky, Erik Arac, Ms. Sampson, Mr. Cieszcecki, Sherri Courchene, Ms. Conner, Mrs. McDonald, Mr. Nault, Mr. Ruppenthal, Stu, Mr. Russell, Mr. Farmer, Mrs. Cassils, Mrs. Beilman, Mrs. Morton, Mrs. Harris, Mr. Morgan, Mr. Landa, Mme Trudeau and Ms. Dwyer.

Have *an actively* great summer!  
PE Department  
Mr. Farmer, Mr. Russell and Mrs. Cassils



# Music Notes...

## Minneapolis Band Trip

Grade 8 students and chaperones had a positive and musical experience in the Twin Cities on this year's band trip. We were fortunate enough to perform for a young, appreciative audience at Jefferson Community School, and to have a band clinic with a marching band faculty member at the University of Minnesota. Other highlights included an unseasonably chilly Minnesota Twins game, the Science Museum of Minnesota, an evening at the Mall of America, and a Chanhassen Dinner Theatre performance of *The Little Mermaid*. Thank you to all parents, staff, and students for their efforts to ensure that our trip was a success.



## Grade 6-8 Choir and Fiddle Concert



The Grade 6–8 Choir and Fiddling Concert will take place in the ÉSOMS gymnasium at 7:00 pm on Wednesday, June 4, 2014. Choir students are asked to meet in the choir room at 6:30 for a brief warm-up. Incredibows members, Hall/Tyndall fiddle students, and Conner/Korsunsky fiddle students are asked to report to the fiddle room between 6:30 and 6:45 to pick up their violin and get tuned up. Choir students are to do this after warm-up.

## Grade 6-8 Band Concert

The Grade 6–8 Band Concert will take place at North Kildonan Mennonite Brethren Church (1315 Gateway Road) at 7:00 pm on Wednesday, June 11, 2014. All band students are asked to meet at the church, dressed in all-black concert attire, at 6:15 pm for a warm-up. We hope to see you at our final performance of the school year!

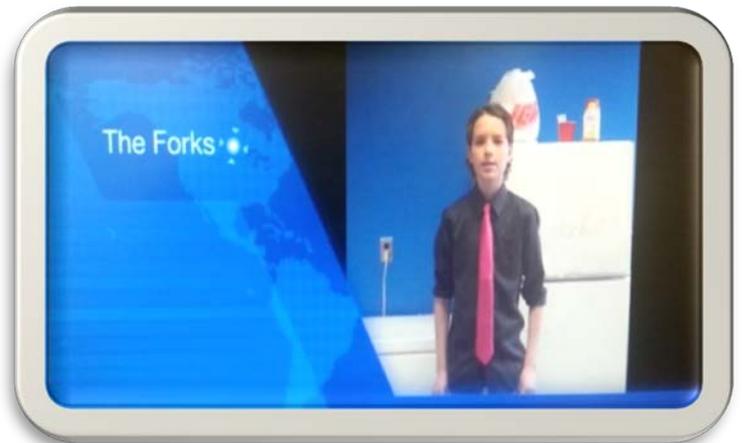


# *Life and Learning at ÉSOMS*

## *La vie et l'apprentissage*

### Ngos and you

This year in room 21 students did a project about non-governmental organizations entitled “Ngos and You”. In this project, students in the class each chose a world or local issue such as: missing or murdered women, the Ukrainian crisis, sexual assault, homelessness, poverty, etc. The students would then research information and ngos, and what the ngos do to help the issue. When they had all of their information they would turn it into a speech or a video showing how we don't only need the government to help the needy, but regular people to. This was a very fun and new project for us and I hope I will do more like this in the future. By. Selen



## La Classe de Mme Pancotto

En sciences humaines et en Français nous étudions l'Afrique. Nous avons appris beaucoup à propos des différences et des similarités entre les cultures des pays de l'Afrique. Nous avons appris que les masques sont utilisés par plusieurs cultures et ils ont une importance spirituelle et culturelle. Voici des photos de nos masques inspiré par la culture de l'Afrique de l'Est.



## La classe de Mme Persaud

Le mois de mai a été très occupé avec la préparation pour l'Exposition de Durabilité.

Après avoir visionné la série Aventure Africaine, les élèves ont étudié divers sujets qui ont se rapportaient au thème de durabilité. Les sujets incluent:

- L'eau potable
- La comparaison entre rural et urbain
- L'éducation
- Le braconnage
- Le Sida et la santé
- L'alimentation
- l'inégalité entre les sexes
- Les ressources minières et les mines



Les élèves ont également fait des masques dans le style "africain". Venez les voir à l'extérieur de la salle 30!



# Les classes de Mme Henry et M. Hall

For the Sustainability in Action Fair, our two classes decided to do two projects. One explored the social pillar of sustainability while the other focused on the environmental pillar.



We wanted to make a piece of collaborative art out of recycled materials in the school. We were inspired after watching the Honey Maid “*This is Wholesome*” commercial. We appreciated that Honey Maid recognizes the importance of all kinds of families and we liked their positive and moving response to the negative feedback they received.

We were also inspired by the message of kindness in the book *Wonder* by R.J. Palacio. We wanted to put into practice one of our favourite quotes by J.M. Barrie mentioned in the book: “be kinder than is necessary”.



We are finding ways to be more accepting of others differences and wanted to spread the message of kindness with the school and the community. Our collaborative art wall inspired others

to join us and spread the message of acceptance and kindness.

Not only did we want to practice kindness towards others, but we also decided to be kinder to the environment. We practiced sustainable gardening by starting our own indoor gardens from seeds, using only reclaimed and recycled materials.

We found that there are endless possibilities when growing plants indoors. Pop bottles make excellent planters and four litre milk containers are easily converted into gardening tools like shovels and watering cans. We plan to take the ideas we learned about sustainability and apply them to our outdoor

vegetable garden at school and at home.



## *La classe du Mme Lindsay*

Mme Lindsay's class has been volunteering each month at Winnipeg Harvest to help Winnipeg's less fortunate. We know that hunger is an on-going problem for thousands of Winnipeggers and we have the moral responsibility to help people who struggle to feed themselves and their families. This past month Jacob, Aidan and Jordan organized a bake sale with all the proceeds going towards buying baby formula for Winnipeg Harvest.



Students were able to purchase bake sale items with money or with a food donation to Winnipeg Harvest. In total we made \$256 and have a very large bin of food to donate! A big thanks goes out to all the students who helped the bake sale be a huge success and to all the families who made donations!



# *ÉSOMS Future Pilots & Medics*

*Grade 8 Rm 27 – Sherri's Class & Rm 34 Mr. Ruppenthal's Class*

This month both of our classes had the awesome opportunity to visit and tour the Shock Trauma Air Rescue Society (STARS) located near the airport. Mr. Jason Graveline, the Aviation Base Manager, gave us a tour. We learned about aviation, navigation, the breakdown of the provincial grid, parts of the helicopter, landing parameters, emergency response time, some emergency protocols, the Baby Pod II. We toured the hangar and got to sit inside the helicopter and try on the helmets. The pilots even use night vision goggles when they land in remote, isolated unlit areas. STARS are the only air ambulance service in Canada that uses the night vision goggles from the military.

Everyone had an intense and amazing experience! We had to be ready to leave immediately to a muster point in the event of a call during our tour.

*Thank you to the STARS Team!*



## Mr. Nault's class – Room 19

Throughout the month of May our class worked extremely hard on our French building projects. Room 19, 26 and 27 worked together and had fun learning about traditional cultural games that we shared with the community at our schools sustainability night. In science we are learning about planets and space. It has been a great year!



**The 1st KILDONAN PARK FIESTA DUATHLON**  
**JULY 6, 2014 A FAMILY EVENT**

PRESENTED BY: **SULONG TRIATHLON GROUP INC.**

<b>EVENTS</b>	<b>SHORT DUATHLON</b>	<b>1KM RUN / 2KM CYCLE / 1KM RUN</b>
	<b>MEDIUM DUATHLON</b>	<b>2KM RUN / 4KM CYCLE / 2KM RUN</b>

**FEES**  
 18yrs old and under \$8 + \$5 insurance for TRI MB non-members (\$13)\*  
 19yrs old and above \$10 + \$10 insurance for TRI MB non-members (\$20)\*  
 \*Plus online service fee of 6%

**SUNDAY JULY 6, 2014 RAINBOW STAGE PARKING LOT**  
 7:30-8:30 AM RACE KIT PICK-UP  
 8:45 AM PRE-RACE MEETING  
 9:00 AM RACE START FIRST WAVE  
 9:10 AM RACE START SECOND WAVE

**ONLINE REGISTRATION ONLY AT THE FOLLOWING SITES & LINK:**  
[www.sulongtriathlon.org](http://www.sulongtriathlon.org) [www.triathlon.mb.ca](http://www.triathlon.mb.ca)  
<http://purewinnipeg.com/event-registration/?ee=39>

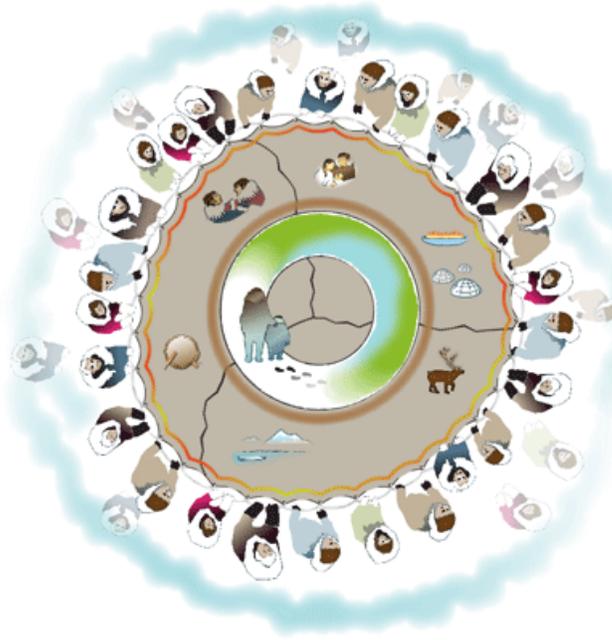
**FOR MORE INFORMATION & VOLUNTEERING, VISIT US AT [www.sulongtriathlon.org](http://www.sulongtriathlon.org)**

**SUPPORTERS**

# JUNE 2014

SUN	MON	TUE	WED	THUR	FRI	SAT
	2 Day 1	3 Day 2	4 Day 3	5 Day 4	6 Day 5	7
		PAC 6:30 pm	Track + Field U of M Choir/Fiddle Concert 7 :00 pm			
8	9 Day 6	10 Day 1	11 Day 2	12 Day 3	13 Day 4	14
	Gr 6 Softball		Band Concert NKMB Church 7:00 pm	Gr 8 Softball	Gr 7 Softball	
15	16 Day 5	17 Day 6	18 Day 1	19 Day 2	20 Day 3	21
	Gr 6 Softball raindate Grade 8 Camp		Special Olympics Soccer Gr 7 Softball raindate			
22	23 Day 4	24 Day 5	25 Day 6	26 Day 1	27 Day 2	28
	GCCI Convocation	WKCI Convocation	Grade 8 Farewell Sunova Centre 6:00 pm	School P.D. No Classes Maples Convocation	Last Day of School 11:15 dismissal	
29	30					

*CALLING ALL PARENTS AND COMMUNITY OF THE SEVEN  
OAKS SCHOOL DIVISION TO ATTEND AN EVENING  
DISCUSSION AROUND THE ABORIGINAL EDUCATION  
POLICY AND THE DEVELOPMENT OF A RUBRIC*



MONDAY JUNE 16TH, 2014

5:00-8:00 PM

NECCHI COMMONS

865 MAIN STREET

**RSVP DONNA HEROLD**

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*A LIGHT SUPPER & CHILDCARE WILL BE PROVIDED*